



Bart None

BREW

MICROBE MANAGEMENT

INGREDIENTS

Cryptolepis sanguinolenta root, Juglans nigra hull, Isatis tinctoria root, Polygonum cuspidatum root, Scrophularia ningpoensis root, Scutellaria baicalensis root, Sophora flavescens root, Scutellaria barbata aerial parts, Curcuma zedoaria rhizome, Bupleurum falcatum root, Lingusticum wallichii rhizome, Zingiber officinale rhizome, Astragalus membranaceus root

BREWING INSTRUCTIONS:

Place entire contents of the bag into a stainless steel pot with 9 cups of water. Soak for 30 minutes. Cover and bring to a boil, then reduce heat to simmer for 90 minutes. Strain and store in the refrigerator.

STANDARD ADULT DOSE:

1 cup / 2-3x / day

Net Wt. 105g
Lot #