



Bloom & Reveal
BOTANICALS

**Gold Mine
Mineral Rich**

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Avena sativa leaf, Equisetum hyemale aerial parts, Mentha piperita leaf, Urtica dioica leaf, Medicago sativa leaf, Palmaria palmata leaf, Stellaria media leaf, Symphytum officinale leaf.

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

**LOOSE LEAF
CAFFEINE FREE**

Net Wt. 1.3 oz.
Lot #