



Bloom & Reveal

BOTANICALS

Liberate

BREW

MICROBE MANAGEMENT

INGREDIENTS

Artemisia annua aerial parts in flower, Sida acuta aerial parts, Crataegus pinnatifida fruit, Cryptolepis sanguinolenta root, Juglans nigra hull, Scutellaria baicalensis root, Alchornea cordifolia leaf, Anemarrhena asphodeloides rhizome, Bidens bipinnata aerial parts, Curcuma phaeocaulis rhizome, Dryopteris crassirhizoma rhizome, Houttuynia cordata aerial parts, Silybum marianum seed

BREWING INSTRUCTIONS:

Place entire contents of the bag into a stainless steel pot with 9 cups of water. Soak for 30 minutes. Cover and bring to a boil, then reduce heat to simmer for 90 minutes. Strain and store in the refrigerator.

STANDARD ADULT DOSE:

1 cup / 2-3x / day

Net Wt. 99g
Lot #