



## Para-Dice

BREW

### MICROBE MANAGEMENT

### INGREDIENTS

Areca catechu seed, Dryopteris crassirhizoma rhizome, Juglans nigra hull, Artemisia annua aerial parts in flower, Chebula myrobalan fruit, Melia azedarach bark, Prunus mume fruit, Syzygium aromaticum bud, Foeniculum vulgare seed, Mentha pipertia leaf, Quisqualis indica fruit and seed, Rheum palmatum root and rhizome

### BREWING INSTRUCTIONS:

Place entire contents of the bag into a stainless steel pot with 9 cups of water. Soak for 30 minutes. Cover and bring to a boil, then reduce heat to simmer for 90 minutes. Strain and store in the refrigerator.

### STANDARD ADULT DOSE:

**1 cup / 2-3x / day**

Net Wt. 102g  
Lot #