



Spring Cleaning Detox

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Arctium lappa root, Melissa officinalis aerial parts, Pueraria lobata root, Taraxacum mongolicum whole plant, Trifolium pratense flower and leaf, Urtica dioica leaf, Galium aparine aerial parts in flower, Medicago sativa leaf

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

**LOOSE LEAF
CAFFEINE FREE**

Net Wt. 1.6 oz.
Lot #