

**Directions For Use:** 1 teaspoon  
2x / day in 2 oz.  
water.

**Storage:** Store  
away from heat  
and light.

**Lot#:**

HAWTHORN CURCUMA

**Blood  
Mover**  
TINCTURE

  
**Bloom & Reveal**  
BOTANICALS

OPTIMAL VITALITY\*

4 oz

**Tincture**

**Supplement Facts**

Serving Size: 1 tsp

Servings: About 24

Amount Per Serving	% DV
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**Proprietary extract blend 4.9 mL**

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Crataegus pinnatifida fruit, Curcuma phaeocalis rhizome,  
Angelica sinensis lateral root, Cinnamomum cassia bark,  
Curcuma longa rhizome, Curcuma zedoaria rhizome, Leonurus  
cardiaca aerial parts in flower, Ligusticum wallichii rhizome,  
Polygonum cuspidatum root, Sparganium stoloniferum rhizome,  
Aconitum carmichaelii prepared root, Zingiber officinale rhizome  
† Daily Value (DV) not established.

**E** Extraction rate: 980 mg herb per 4.9 ml.  
Dried herb / menstruum ratio: 1 : 5

Other ingredients: certified organic cane alcohol (50%) **Gluten Free**

**Bloom & Reveal Botanicals • Kingston, NY 12401**  
**845-687-6211 • [www.bloomreveal.com](http://www.bloomreveal.com)**

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**