



## Astragalus Immune Shine

BREW

OPTIMAL VITALITY

### INGREDIENTS

Astragalus membranaceus root, Coriolus versicolor fruiting body, Uncaria tomentosa inner bark, Cinnamomum cassia twig, Echinacea spp. root, Olea europaea leaf, Saposhnikovia divaricata root, Scrophularia ningpoensis root, Withania somnifera root, Zingiber officinale rhizome

### BREWING INSTRUCTIONS:

Place entire contents of the bag into a stainless steel pot with 9 cups of water. Soak for 30 minutes. Cover and bring to a boil, then reduce heat to simmer for 90 minutes. Strain and store in the refrigerator.

**STANDARD  
ADULT DOSE:**

**1 cup / 2-3x / day**

Net Wt. 99g  
Lot #