



Figwort Lymph Cleanse

BREW

DETOX SUPPORT

INGREDIENTS

Scrophularia ningpoensis root, Fouquieria splendens stem, Isatis tinctoria leaf, Arctium lappa root, Astragalus membranaceus root, Echinacea spp. root, Galium aparine aerial parts in flower, Trifolium pratense aerial parts in flower

BREWING INSTRUCTIONS:

Place entire contents of the bag into a stainless steel pot with 9 cups of water. Soak for 30 minutes. Cover and bring to a boil, then reduce heat to simmer for 90 minutes. Strain and store in the refrigerator.

STANDARD
ADULT DOSE:

1 cup / 2-3x / day

Net Wt. 99g
Lot #