



Kava Brahmi Inner Calm

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Kava kava root, Bacopa monnieri aerial parts, Scutellaria lateriflora aerial parts in flower, Ocimum tenuiflorum aerial parts, Passiflora incarnata aerial parts in flower, Escholzia californica whole plant in flower, Silybum marianum seed, Melissa officinalis aerial parts

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 2 oz.
Lot #



Herbal HM Chelation

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Coriandrum sativum leaf, Equisetum hyemale aerial parts, Palmaria palmata herb, Petroselinum crispum leaf, Echinacea spp. leaf, Silybum marianum seed, Taraxacum officinale leaf

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 1.6 oz.
Lot #



Spring Cleaning Detox

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Arctium lappa root, Melissa officinalis aerial parts, Pueraria lobata root, Taraxacum mongolicum whole plant, Trifolium pratense flower and leaf, Urtica dioica leaf, Galium aparine aerial parts in flower, Medicago sativa leaf

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 1.6 oz.
Lot #



Bloom & Reveal

BOTANICALS

Gold Mine Mineral Rich

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Avena sativa leaf, Equisetum hyemale aerial parts, Mentha piperita leaf, Urtica dioica leaf, Medicago sativa leaf, Palmaria palmata leaf, Stellaria media leaf, Symphytum officinale leaf.

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 1.3 oz.
Lot #



Bloom & Reveal

BOTANICALS

Poor Bobo Cold Care

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Mentha Piperita leaf, Sambucus nigra flower, Achillea millefolium aerial parts in flower, Symphytum officinale leaf, Verbascum thapsus leaf, Tussilago farfare leaf, Tussilago farfare flower

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 1.3 oz.
Lot #



Tranquil Sea Tummy

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Foeniculum vulgare fruit and seed, Mentha piperita leaf,
Calendula officinale flower, Glycyrrhiza uralensis root, Ulmus
rubra inner bark, Zingiber officinale rhizome

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 2 oz.
Lot #



Jamaican Sorrel

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Hibiscus sabdariffa flower, Zingiber officinale rhizome, Pimenta diocia berry, Syzgium aromaticum bud

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt. 3 oz.
Lot #



Custom

WELLNESS TEA

RESPONSIBLY HANDCRAFTED

INGREDIENTS

Please see attached list.

INFUSION INSTRUCTIONS:

1 heaping teaspoon per 8-10 oz. water.
Boil water, add herbs and cover.
Steep 5-15 minutes, strain, and enjoy!

LOOSE LEAF
CAFFEINE FREE

Net Wt.
Lot #