



Custom

BREW

## INGREDIENTS

Please see attached list.

## BREWING INSTRUCTIONS:

Place entire contents of the bag into a stainless steel pot with 9 cups of water. Soak for 30 minutes. Cover and bring to a boil, then reduce heat to simmer for 90 minutes. Strain and store in the refrigerator.

## STANDARD ADULT DOSE:

**1 cup / 2-3x / day**

Net Wt.

Lot #