

Directions For Use: 1-3 ml in 2 oz. water 2-3x/day.

Storage: Store away from heat and light.

Ashwagandha

Withania somnifera

TINCTURE



Lot#:

2 oz

Tincture

Supplement Facts

Serving Size: 2 ml	Servings: About 24
Amount Per Serving	% DV
Ashwagandha extract 2 mL	†
Withania somnifera root (dried)	
† Daily Value (DV) not established.	

Made seasonally from locally cultivated plants.

E Extraction rate: 400 mg herb per 2 ml.
Dry herb / menstruum ratio: 1 : 5

Other ingredients: certified organic cane alcohol (55%) **Gluten Free**

**Bloom & Reveal Botanicals • Kingston, NY 12401
845-687-6211 • www.bloomreveal.com**

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.