**Directions For Use:** 1-3 ml in 2 oz. water 2-3x/ day.

**Storage:** Store away from heat and light.





Lot#:

## Tincture

<b>Supplement Facts</b> Serving Size: 2 ml	Servings: About 24
Amount Per Serving	% DV
Sida Acuta extract 2 mL	†
Nepeta cataria aerial parts (dried)	
† Daily Value (DV) not established.	

Extraction rate: 400 mg herb per 2 ml.
Dry herb / menstruum ratio: 1: 5
Other ingredients: certified organic cane alcohol (55%) **Gluten Free** 

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\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

2 oz